The 14-Day Love Your Husband Challenge

FOR CATHOLIC WIVES

Day 8

Daily Mindset Refelction:

Your big, strong, manly, deep-voiced, facial-hair-growing husband was once.....a little boy. At one point in his life he believed he really was Superman, wore footed pajamas and cried when his best friend moved away in the 1st grade. As he grew up he overcame fears, battled acne, broke up with ex-girlfirends and fought with his parents. He experienced loneliness, doubt, possibly even trauma. He also experienced great joy, made memories with his high school buddies, and on many occasions triumphed over adversity. His past before meeting you has shaped the man that he is today. Therefore, this day take some time to reflect on the entire life of this incredible, dynamic human being that God has blessed you with....ALL OF HIM, including his past. Become aware of all that he's gone through to be the man that he is today. Sit in awe of the many ways in which God directed his path to you and your path to him. Truly, what a miracle that is!

Daily Challenge: Cherish Him

What is one act of love you could do for him that would make him feel cherished today. (a back massage, doing a chore or errand he normally takes care of, make him lunch, etc.)

Message Ideas: Send him at least one of these messages today!

❤️ Your smile still melts me.

❤️ I love you with all my heart!

🔥 HELLLLOOOOO Gorgeous! Just thinking about you gets me excited!

Prayer: For his protection, written by Michaela Oakes, Community Member

Dear Lord, Please cover my husband with a hedge of protection spiritually, mentally & physically. Guide him in all of his ways. Guard his heart and mind from the temptations and attacks from the enemy that surround him and fill him with the things he needs to be a warrior of Christ to lead our family. Remind him that You are his shield and his rock. Look over him as he goes about his day and bring him home safely when he travels. Amen.