The 14-Day Love Your Husband Challenge

FOR CATHOLIC WIVES

Day 6

Daily Mindset Refelction:

Sometimes we allow everyday annoyances to shape the way we see our husbands. But did you know... living with literally any other human being on the planet is annoying? When two human souls who are prone to selfishness and sinning (which is all of us) live in the same house, they annoy each other. Some of us have been married a lot time so we forget how annoying a college roommate or a sibling was when we were younger. Today, catch yourself watching your husband. If he does something annoying, you can have a good chuckle as you think, "Oh right, I live with another human." Then you can ask yourself, how can I grow in virtue here? How is this the perfect opportunity for me to practice being less selfish?

Daily Challenge: Offer it up!

Offer something up for him today and pray for his intentions (examples: social media, coffee, chocolate, diet coke, tv, a meal, etc.)

Message Ideas: Send him at least one of these messages today!

❤️ I am so honored and proud to be your wife.

❤️ Even the difficult times are better because I have you to go through them with.

🔥 I want YOU.....Like NOW! Get home!

Prayer: For Forgiveness, written by Sarah Toliver, Community Member

Come Holy Spirit, give us the grace we need to enable the special gifts you provided us, especially wisdom and understanding, so we can love and forgive one another. God, you are patient, you are kind, you are gentle, you are faithful. As I grow closer to you, enable me to be more like you toward my husband. May your sanctifying grace guide us to forgive one another and nurture peace between us. Open my heart and mind to seek you and identify places I need to offer forgiveness to heal and strengthen our relationship as husband and wife. Saint Maria Goretti, pray for us!

Podcast Episode #22: The art of Disagreeing

Is there a way to disagree... well? Find out how to put more love into your disagreements to create deeper connection.