The 14-Day Love Your Husband Challenge

FOR CATHOLIC WIVES

Day 4

Daily Mindset Refelction:

Do you consider it your joy to pray for your husband? What if the only graces he received were the ones you prayed for? Would you pray for his friendships? For his job? For his ability to be a good father? Would you pray for him to be strong when the devil tempts him? Would you pray for his health both emotional and physical? How often are you praying for him? Consider taking this on as a bigger part of your day like it was your job, because it really is.

Daily Challenge: Pray for him.

Early on in the day, ask your husband what you can pray for him today? Set some reminders on your phone throughout the day (every few hours) and stop and pray specifically for him and his intention(s).

Message Ideas: Send him at least one of these messages today!

❤️ I love the ways you love me.

❤️ God has loved me so greatly through you.

🔥 Three part text: 1st text: You + Me + Shower = ... 2nd text: =Wet + fun + tonight
3rd Text: (a minute later) You up for it?

Prayer: For his Purity, written by Katie Cudworth, Community Member

Dear Lord, Thank you for my husband. Thank you for leading him in all areas today. I ask in a special way that you continue to lead him towards ultimate purity. Guide his eyes to images of holiness in the world around him. Guide his ears to sounds that lift his soul and make him long for a deeper relationship with You. Guide his mind to thoughts that awaken his need for You. Guide his hands only to actions that build Your kingdom. Guide his heart to a passionate love for You above all others. Build in my husband a clean heart, Lord. Amen.

Video Resource: What to do when your husband struggles with pornography?