The 14-Day Love Your Husband Challenge

FOR CATHOLIC WIVES

Day 11

Daily Mindset Refelction:

Your husband loves you so much more than you think he does. We hear from Catholic husbands and what we hear often is, "I try so hard a nothing is ever good enough for her." These guys... they do so many little things for us. They are thoughtful. They work hard. They protect the family. Today, use your brain to see all the ways he serves you and your family. Look for the little everyday things he does to help your family life run smoothly and the ways in which he ensures you're safe and taken care of. That guys is pretty great.

Daily Challenge: Attitude of Gratitude

Think of three ways your husband has recently supported you or helped you. Share those with him and let him know how grateful you are. (Ex: Thank you for taking the kids so I could have some time to myself. Thank you for your support of me investing in this membership, activity, class, etc. that I'm excited about. Thank you for all your help around the house, I really appreciate having a team mate with all these tasks. It really helps me feel less overwhelmed.)

Message Ideas: Send him at least one of these messages today!

❤️ You work so hard to provide and take care of us. I'm grateful for your strength and hard work.

❤️ Thank you for supporting my dreams. Your belief in me helps me to believe in myself.

🔥 Can't wait to lock the bedroom door tonight.....

Prayer: For his healing written by Regina Mc Guire, Community Member

Heavenly Father,

On this day, I bring to you my husband and all his physical, emotional and spiritual needs. You, oh Lord, know him through and through. You know him so well and your plans and desires for his welfare are far beyond my comprehension. In this moment, I ask you to bring him the healing he needs most in life right now. I pray that you would touch all aspects of his body, mind and soul and tl ask you to pour out your healing graces upon him in order to restore, comfort and provide for him in the ways that only you can. I thank you God for the amazing gift of my husband and I pray that your healing touch would bless Him greatly and give him peace. Amen.