The 14-Day Love Your Husband Challenge

FOR CATHOLIC WIVES

Day 10

Daily Mindset Refelction:

Today we want you to think of a challenge that you and your husband have gone through in your marriage. Look back on that time and really sit with it. Ask yourself, "What was God asking each of us to learn during that time? How have we both grown so much since then? How was that challenge a gift to our marriage?" Oftentimes when we're in a difficult situation or season, we can't make sense of it. But when we look back, we see God so much more clearly in the tense conversations or uncomfortable moments. We see that He was shaping us and helping us grow in virtue. The more we do this, the more we see that our current challenges will likely end up the same way. We will look back at this time and see how we were growing.

Daily Challenge: One-on-one attention

Carve out 20-30 minutes of time for just you and your husband today. How could you give him some intentional one-on-one attention? How can your undivided attention be a great blessing to him?

Message Ideas: Send him at least one of these messages today!

❤️ Thank you for choosing me.....every day.

❤️ Thank you for always building me up. I don't know what I'd do without you.

🔥 Can't stop thinking about last night...or the last time we...

Prayer: For his financial wisdom written by Frances Burton, Community Member

Heavenly Father, Please give my husband the grace and wisdom to steward our family's finances. Help him to lead us in earning, saving, spending, and giving for our good and for Your glory. As he embraces his role as husband, father, and provider, help him also to remember his identity as son. At every turn, help him to trust in You. Help him to rest in You. Remind him that You take care of the sparrows and the lilies, and You will take care of us. Amen.

Podcast Episode #43: Marriage is a race

Sterling explains how marriage is a race and what it looks like to win. She also describes why marriage feels so hard in our modern-day society and what we can do about it.
Marriage is hard and that's okay. We're going to figure this out together!